

# Start Your Weight Loss Journey Today

JOIN NOW

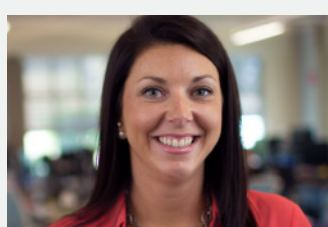
## A New Health Program for Weight Loss and More

The StepIn<sup>SM</sup> program helps you take healthy steps to lose weight, feel better, and tackle chronic conditions like high blood pressure, diabetes, prediabetes, and high cholesterol.

This program is available to you as a covered prescription benefit through your employer or health plan, so it costs you nothing.

Step into a healthier lifestyle today and receive a smart scale, personalized coaching, an easy-to-use mobile app, and more!

## Key Benefits



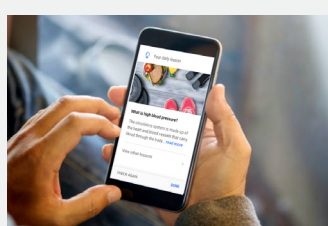
### Unlimited One-on-One Coaching

Work with a health coach to create a custom plan that fits with your lifestyle. Get advice on nutrition, meal plans, weight loss and more to stay motivated and accountable.



### Advanced Tracking Technology

Receive a FREE smart scale that syncs to an easy-to-use mobile app. Track your weight and activity all in one place.



### Guided Mini Challenges

Feel motivated to take simple but powerful steps to lose weight, gain energy, sleep better, and more.

JOIN NOW

Use registration code: **STEPIN**

**I'm down 20 pounds. I have energy, I have bounce in my step, and I feel alive**

- Annie L.

## Join Today to Get .....

- ✔ A smart scale
- ✔ Unlimited one-on-one coaching sessions
- ✔ Personalized plan to reach your goals
- ✔ Private account to log activity and weight
- ✔ Guided mini challenges on food, sleep, stress, and more.



For any questions, please call Livongo Member Support at (800) 945-4355 and mention registration code STEPIN. We're ready to help you achieve your health goals!

The testimonials, statements, and opinions presented are applicable to the individuals depicted. Each member's exact results and experience will be unique and individual to each member. The testimonials are voluntarily provided and are not paid.

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